



Outdoor Emergency Care 2023

Outdoor Emergency Care is a comprehensive first aid course for non-urban settings. It is designed for outdoor people involved in ski patrolling, backcountry skiing, camping, hiking, or climbing who desire to help themselves or others in emergency medical situations that occur in remote locations. OEC is a required course for all ski patrol candidates.

Classroom and field time is approximately 80 hours. Upon completion, you will be recognized as an OEC technician by NSP. Then, you must attend annual refreshers (written reviews, one-day field refresher, and CPR renewal as required) in order to maintain the requirements to be a certified OEC Technician.

To sign-up, complete [this google form](#) no later than Wednesday, August 2nd.

If you have any questions, please email the course Instructor of Record: Kelly Greene kellygrn77@gmail.com

Course Timeline

- Classroom Sessions
 - **Wednesdays: 6:00-9:30PM August 23rd – November 8th**
- Practical Skills Days:
 - **Saturday, September 23rd – 8:00-2:30** Mountain View Church
 - **Monday, October 16th – 6:00PM-10:00PM**
 - **Sunday, October 29th – 8:00-2:30** Brainard Lake or Green Girl Recycling, Longmont
 - OEC Refresher – Saturday, October 21st ~8:30AM – 4:00PM (optional)
 - Additional evening practical sessions may be added if deemed necessary
- CPR Hands-On Session:
 - **Monday, September 18th – 6:00PM – 8:00PM**
- Final Exam
 - Saturday, November 11th
 - Sunday, November 12th

*The first class will be held via Zoom for introductions, expectations, and the start of class lectures. Following classes will be held at **Mountain View United Methodist Church, 355 Ponca Pl, Boulder, CO 80303** unless otherwise specified.

Course Costs

Expense	Where to Pay	Payment Deadline	Cost
BMNSP Course Fee (includes first aid kit materials, CPR cards, room rental, and other associated costs)	Zelle (Preferred), Venmo or Check – specific instructions will be sent	08/16/2023	\$160
NSP Membership Dues	NSP.org – specific instructions will be sent	08/16/2023 (Do <u>not</u> pay <i>before</i> 7/31/2032)	\$100
NSP Course Fee	Nsp.org – specific instructions will be sent	When signing up 8/16/23	\$60
OEC 6 th Edition Textbook: <ul style="list-style-type: none"> Physical Textbook OR Navigate Advantage Access (eBook)* 	Purchase through link here – discount code on page	Prior to 1 st class (8/23)	\$93.71 (Book) \$70.46 (eBook)
American Heart Association Online CPR Course		Instructions will be given before CPR Class	\$32.50
Total			\$423 - \$446

*If you'd like to get the eBook, Purchase "Advantage Access" to ensure you get the eBook *and* access to the online toolkit (resources, quizzes, etc.) Purchasing just the eBook option does not give you access to the study tools.

Course Expectations

Pass the *written exam* with a test score of 80% or greater

Pass the *hands-on* Practical Skill test

The in-person classes are designed to reinforce what you are learning in the OEC textbook and provide you with hands-on practice. This class is based on adult learning principles. If you miss a class, you are still responsible for any materials covered. If you have an EMT, paramedic or other medical credentials, contact the instructor of record.

Our instructors are all volunteers and have a wealth of knowledge and varied experiences. We expect students to be on time to classes, come prepared with the materials, participate in the classes and exercises, assist with gear and communicate well and in a timely manner.

The course requires a *minimum* of 8 students. If 8 students are not confirmed by August 7th, the course will not be held.